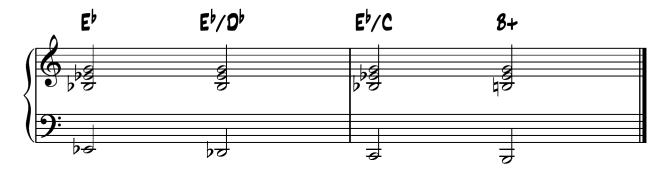
This section will illustrate how to take a chord progression and make it groove. The following ten patterns are all built from the same chord progression. Rhythmically, it starts out very simple. In each new pattern, only one or two things are modified making the pattern progressively more complicated.

The chord progression is a simple one to start with. The right hand does not change until the 4th measure and then only the thumb has to move. The left hand moves/walks down in a descending, stepwise direction. This is an example of slash chord movement.

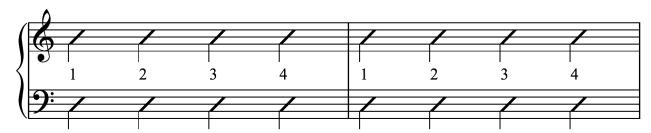
The chords are as follows:



The third chord could also be thought of as a Cm^7 . The fourth chord is called an augmented chord. It is just like a major triad except that the 5^{th} of the chord is raised by a half step (sharp). It can be written as either 8^+ or 8^{AUG} .

Rhythm first

You must first determine the smallest subdivision of the groove. For example, the smallest rhythmic unit in pattern #1 is a quarter note. The next step in practicing these patterns is to practice the sticking. Sticking is a drumming term that refers to a pattern of lefts and rights. In this case, it is the pattern of lefts and rights that make up these exercises. Looking at the first pattern, it is a simple pattern of unison quarter notes for both hands. The sticking would look like this:



Using a metronome, practice the sticking to pattern #1 on any flat surface (a table, the piano lid, etc.). Once you are able to comfortably play the sticking, play the pattern as written.

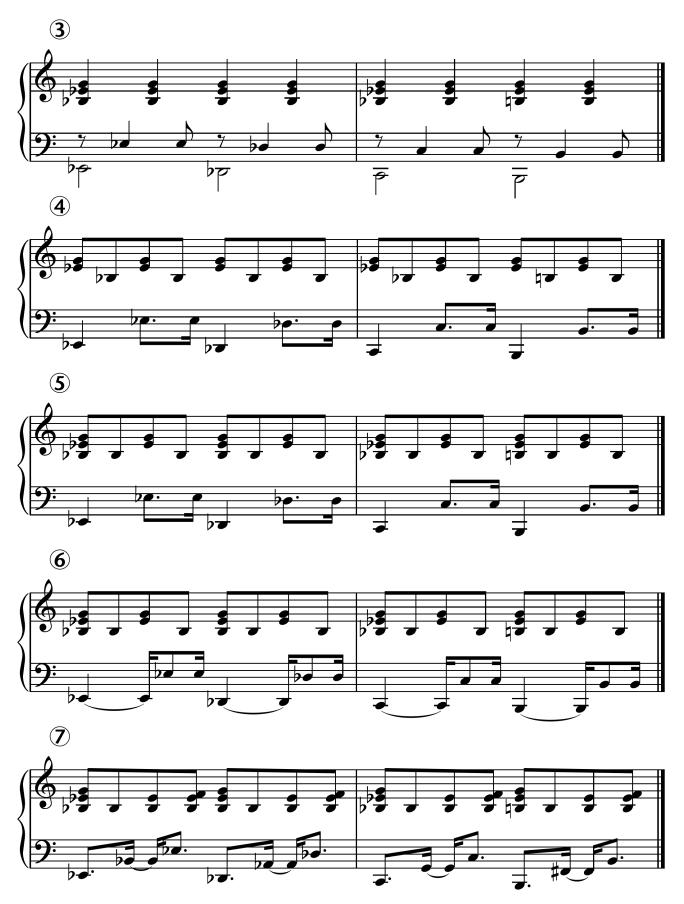
Moving forward, the smallest subdivision for pattern #2 is eighth notes. The sticking for pattern #2 looks like this:



Move through these exercises using the techniques listed above. You should always practice these with either a metronome or a drum loop (or both). There are purposely no dynamics, articulation, or pedal markings written on these exercises. As you play through them, you should experiment with different articulation (legato, staccato, accents, etc.), different pedaling, and different uses of dynamics (swells, imitate echoes, make one hand louder than the other, etc...). Remember, these exercises are just an approach to making chords groove. The music, ultimately, has to come from you. Try making up your own patterns. Try using different chords. Be creative and have fun!

When you are comfortable with them, play them with other musicians. It is especially helpful to play them with bassists, guitarists, or drummers.







Here are some additional chord progressions to try with the patterns. See if you can name the chords. Remember, you don't have to be limited by what is on the page. Experiment with your own ideas.



